
Report on World Food Safety Day



JUNE 7, 2022

Consumer Education and Research Centre,
Environmental Information System,
Resource Partner, Ahmedabad



World Food Safety Day is an annual celebration to seek attention and inspire action to help prevent, detect and manage foodborne risks.

The United Nations established World Food Safety Day in 2018 to raise awareness of food safety. The campaign for safe food continues for this year with the theme of *'Safer food, better health'*

Safe food is essential to human health and well-being. Unsafe foods are the cause of many diseases and contribute to other poor health conditions, such as impaired growth and development, micronutrient deficiencies, non-communicable or communicable diseases and mental illness.

Globally, one in ten people are affected by foodborne diseases annually. Our behaviour, the way we build food systems and how we organize food supply chains can prevent infectious and toxic hazards, microbial pathogens (bacteria, viruses and parasites), chemical residues, biotoxins and other noxious or dangerous substances from getting onto our plates. Systemic changes for better health will bring safer food, which is a critical enabler of long term human development and a prerequisite for the achievement of the Sustainable Development Goals (SDGs).

“If it is not safe, it is not food”

Consumer Education and Research Centre, MoEF&CC's Environmental Information System, Resource Partner on 'Environment Literacy: Eco-labelling and Eco-friendly Products' conducted various activities to promote safer and sustainable foods which are as follows:

1. Webinar on Safer Food, Better Health with AmulFed, Gandhinagar (Annexure-I)
Ms. Anindita Mehta, ENVIS Coordinator & CGM CERC spoke on Food Safety and Sustainable Diets. Shri Anik Kumar Bayati, General Manager, AmulFed, Gandhinagar and Shri. Sameer Saxena, AGM (QA & NPD), GCMMF Ltd. Anand were on the panel
2. Demonstration of Food Safety on Wheels Van at Adani Vidya Mandir School (Annexure- II)
Food Adulteration and detection methods were also demonstrated to the students and hands-on training was provided on detection of levels of iodine in salt using STK.
3. Expert talk on Safer Food, Better Health and sustainable foods. (Annexure- III)
In association with Parul University and Ahmedabad Homeopathic Medical College, Ms. Anindita Mehta, ENVIS Coordinator delivered a session on Safer Food, Better Health The talk included various topics of food safety hazards, harmful chemicals in food, High fat, salt sugar (HFSS) in processed food & its link to non-communicable diseases and Sustainable Food/ Diets.
4. Demonstration of Food Safety Wheels Van and talk on Safer Food, Better Health and sustainable foods conducted at Blind People's Association, Ahmedabad. The Food Safety on Wheels

is moving vehicles that are arranged by the FSSAI to supervise the food products in different areas around the country. They are used to educate the public and give awareness about the hygiene of foods. (Annexure-IV)

5. Webinar on Only one Earth : Promoting Sustainable Living (Annexure-V)

Dr. Girija Bharat, Founder Director of Mu Gamma Consultants Pvt. Ltd., Gurgaon spoke on Responsible consumption and Ms. Anindita Mehta, ENVIS Coordinator & CGM CERC spoke on Sustainable Foods.

6. Talk show on GTPL TV on safe food, food Adulteration and sustainable diets (Annexure-VI)

Ms. Anindita Mehta, ENVIS Coordinator & CGM CERC shared her views on access to safe food, food Adulteration, reduction of high fat salt sugar in processed food and sustainable diets

Ms. Anindita Mehta, ENVIS Coordinator & CGM CERC participated in the Consumer International UK, Food events/webinar on the occasion of World Food Safety Day. The focus was on current global crisis in access to food. The panel included David Nabarro of United Nations Global Crisis Response group and CERC shared issues pertaining to access of safe food in India. (Annexure-VII).

A local newspaper, Divya Bhaskar covered an interview by Ms. Anindita Mehta, ENVIS Coordinator & CGM CERC & Dr. H.G. Koshia, FDCA Commissioner on new labelling regulations by FSSAI. (Annexure-VIII)

ANNEXURE-I



New regime of food labelling : FSSAI's New Labelling and Display Regulations

- The present Regulations come with a host of new requirements viz. mandatory declaration of allergen information, per serve contribution of nutrients to recommended dietary allowances (RDA), expiry date (by making best before declaration optional), new logo and symbols for non-veg food items not meant for human consumption, etc.
- E-commerce entities selling food products like Amazon, Flipkart, Big Basket, etc., brought within the scope
- Name of the food to be provided on the front panel of the pack and not just brand name or trademarks
- Allergen details to be provided on the label
- Contribution of nutrients used in the product to RDA
- Introduction of new logos for non-veg food
- Logo for Food items not meant for human consumption

Calories	Total Fat	Trans fat	Total Sugar	Salt
400	6.7 g	0.5 g	18 g	1 g
20%	10%	5%	20%	20%

The slide also features a table showing nutrient contribution percentages (20%, 10%, 5%, 20%, 20%) and a diagram illustrating the introduction of new logos for non-veg food, showing a red circle with a white triangle inside, and a red circle with a white square inside. Below the diagram is a logo for food items not meant for human consumption, represented by a red circle with a white 'X' inside.



ANNEXURE-II



ANNEXURE-III



ANNEXURE-IV



ANNEXURE-V

WEBINAR
on

Only One Earth : Promoting Sustainable Living
World Environment Day

04 June 2022, Saturday | 12:30 PM to 01:30 PM

Join on Google Meet : meet.google.com/pnm-mxyr-tot

Speakers:

Dr. Girija K. Bharat
Founder Director of Mu Gamma
Consultants Pvt. Ltd., Gurgaon
Topic : Responsible Consumption

Ms. Anindita Mehta
ENVIS Co-ordinator, CGM,
CERC Ahmedabad
Topic : Sustainable Foods

Moderator: - Ms. Divya Namboothiri
Programme Officer
CERC ENVIS, Ahmedabad

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Tips for Eating Sustainably

- Eat Different Types of Foods
- Eat More Plant-based Foods
- Growing your own Food
- Avoid Wasting Food
- Buy Local
- Novel agricultural technology
- Organic food

Anindita is presenting

Anindita, Girija, You, Divya 12 others

Girija, Divya, Anindita, Ranjan kumar, Nirmal, Sunil, You, Sonu KUR 13 others

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Sustainable Food

Sustainable Diets are those diets with low environmental impacts. They are protective and respectful of biodiversity and ecosystems.

- Culturally acceptable
- Accessible
- Economically fair and affordable
- Nutritionally adequate, safe and healthy
- Optimizes nature

Anindita is presenting

Anindita, Divya, You, 10 others

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Enabling sustainable diets

- Seek international and national commitment to shift toward healthy diets
- recommending increased consumption of plant-based foods - including fruits, vegetables, nuts, seeds and whole grains
- This concerted commitment can be achieved by making healthy foods more available, accessible and affordable in places of retail alternatives.
- improving information and food marketing, investing in public health information and sustainability education,
- implementing food-based dietary guidelines, and using health care services to deliver dietary advice and interventions.

Anindita is presenting

Anindita, Divya, You, Girija 9 others

ANNEXURE-VI



Day Special - World Food Safety Day ...!! પર વિશેષ ચર્ચા | #Dayspecial



Day Special - World Food Safety Day ...!! પર વિશેષ ચર્ચા | #Dayspecial

ANNEXURE-VII

Live Transcription (Closed Captioning) has been enabled [Who can see this transcript?](#) x

GUEST SPEAKER.



David Nabarro
Co-Lead, Food Workstream
UN Global Crisis Response Group



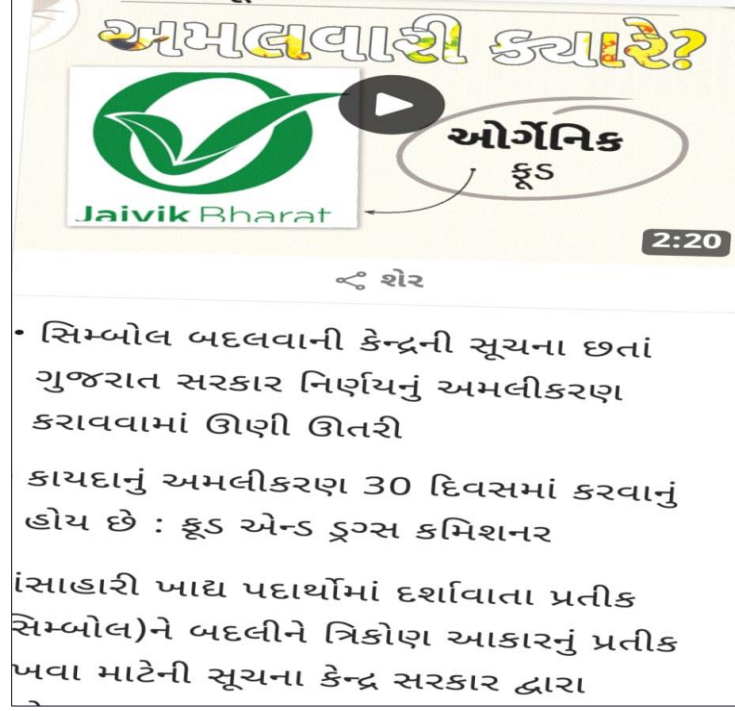
Consumer NZ's campaign

Consumer NZ felt the Commerce Commission's recommendations to fix competition in the grocery sector didn't go far enough. They recommended clearer pricing, quashing covenants that restricted new players securing land but didn't push on regulating wholesale access.

We see regulated access to the duopoly's wholesale as the key, so we launched our campaign, pushing for this.



ANNEXURE-VIII



અમલીવારી ક્યારે?

Jaivik Bharat

ઓર્ગેનિક ફૂડ

2:20

શેર

- સિમ્બોલ બદલવાની કેન્દ્રની સૂચના છતાં ગુજરાત સરકાર નિર્ણયનું અમલીકરણ કરાવવામાં ઊણી ઊતરી કાયદાનું અમલીકરણ 30 દિવસમાં કરવાનું હોય છે : ફૂડ એન્ડ ડ્રગ્સ કમિશનર

િસાહારી ખાદ્ય પદાર્થોમાં દર્શાવતા પ્રતીક સિમ્બોલ)ને બદલીને ત્રિકોણ આકારનું પ્રતીક ખવા માટેની સૂચના કેન્દ્ર સરકાર દ્વારા



Link of the interview: <https://divya-b.in/bOYYZEcYDqb>